

# Training Health and Safety Workers on Best Practices for RTW What is the uptake?

Carlo Ammendolia Yiming Wei, David Cassidy, Jane Gibson & Nicole Lindo



## Outline

- Background
- Disability Prevention and Return-to Work Project
- Objectives of the project
- Methodology & evaluation
- Summary of results



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## **Trends in Lost Time Claims**

#### THE 2005 SERVICE SECTOR PERFORMACE RECORD



#### DAYS LOST IN INJURY YEAR





#### **Claim Severity: Costs per LTI by benefits**





#### WSIB New Service Delivery Model - Road to Zero





#### Disability Prevention/RTW Strategies - 2008-2012

 Ontario workplaces to have DP/RTW programs that are integrated within their overall injury/illness prevention programs

 Expanded role of HSAs on delivering integrated prevention content – focused on injuries, illnesses and disabilities



### **DISABILITY PREVENTION/RTW PROJECT**

- OHSCO
- Steering Committee
  - WSIB Prevention Branch
  - HSA
  - MoL
  - Research Partners IWH and CREIDO



## DISABILITY PREVENTION/RTW PROJECT Objectives

- Outline new roles and functions of the HSAs with regard to DP/RTW
- Assist the HSAs in developing a sustainable program model for offering DP/RTW programs and services
- Develop HSA educational program addressing DP/RTW
- Assist HSAs in developing the capacity to provide DP/RTW programs and services including development of staff knowledge and expertise
- Ensure that the HSAs DP/RTW programs and services are aligned with each other and with the strategic goals of the WSIB



### **DISABILITY PREVENTION/RTW PROJECT**

#### Short Term Goal :

HSAs will increase education and awareness surrounding DP/RTW with their clients and direct them to the appropriate resources and to incorporate DP/RTW tools into their health and safety management programs

#### Long Term Goal :

Via the appropriate referrals between the HSAs and WSIB's Disability Prevention Specialists, workplaces parties will integrate RTW programs and tools, such as to reduce their lost time injury rates, reduce the risk of re-injury and recurrence and ultimately reduce the impact of the injury on the worker's life.



## **DP/RTW Workshops for HSAs**

- WSIB's New Service Delivery Model (NSDM) and roles within the Prevention Division
- Evidence-based research supporting links between prevention and return to work
- Current programs, services, tools available and when to make appropriate referrals along Prevention Continuum
- System partners such as WSIB and the Ministry of Labour to connect employers for further assistance



## **DP/RTW Workshops for HSAs**

- 6 workshops and 1 webcast
- Nov 2008 to Feb 2009
- Four Ontario Sites
- 250 HSAs participated



### **DISABILITY PREVENTION/RTW PROJECT**

#### **Evaluation**

- Attitudes and beliefs about their role in DP/RTW
- Knowledge in DP/RTW
- Self efficacy in new role and responsibilities
- Uptake of new roles into practice



### DISABILITY PREVENTION/RTW PROJECT

#### **Evaluation**

- Surveys
  - paper and web-based
  - pre/ post workshop, 6 months and 1 year
  - 86% (post), 69% (6m) and 38% (1 yr) responded





























## Summary and Conclusions

- DP/RTW is a significant problem in Ontario
- HSAs are well positioned to impact DP/RTW
- DP/RTW Project successful in improving attitudes, knowledge and self-efficacy
- More work needed to get HSAs to implement DP/RTW into practice



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